# Summary of CTO technique for beginners: We Can Do It I

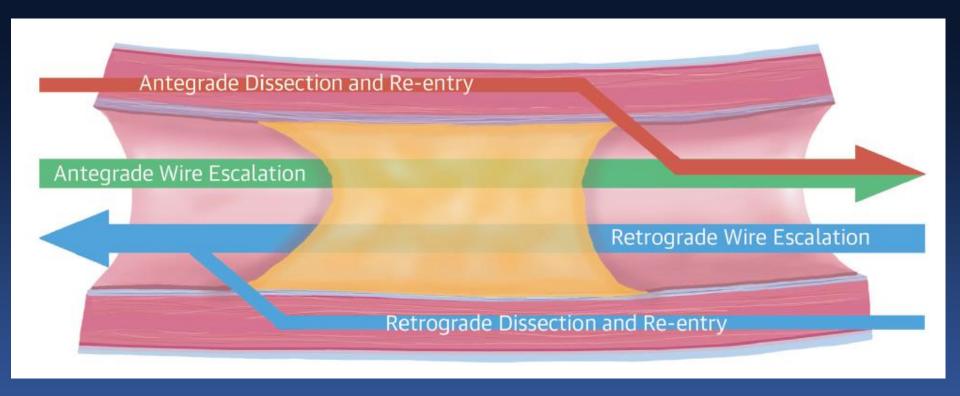
## Seung-Whan Lee, MD, PhD

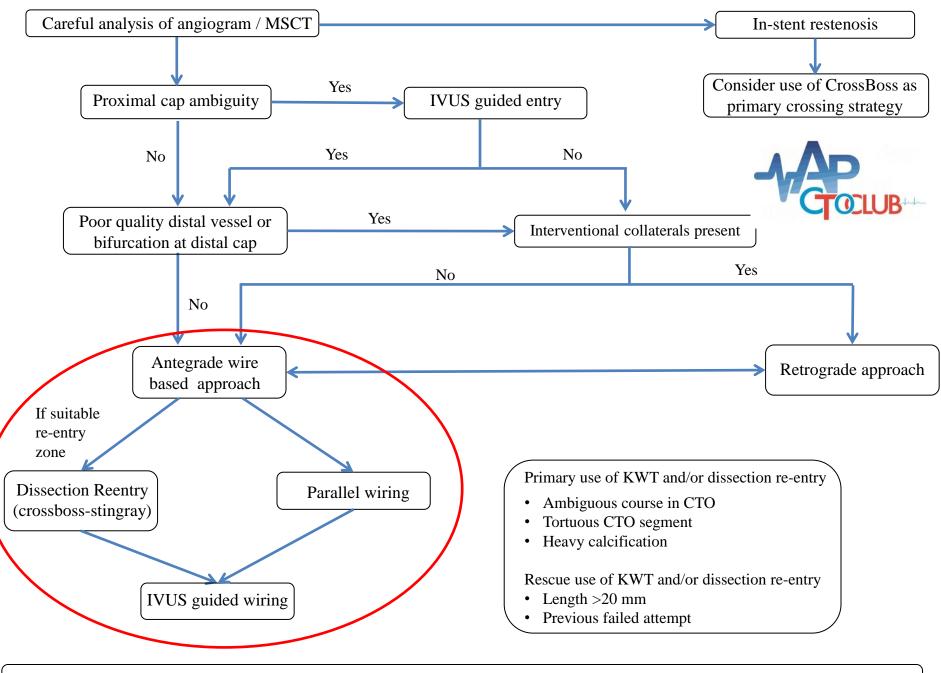
Asan Medical Center, University of Ulsan College of Medicine, Seoul, Korea





## Four strategies for CTO





Consider stopping if >3 hours, 3.7 x eGFR ml contrast, Air Kerma > 5 Gy unless procedure well advanced

## Antegrade approach

Wire escalation

Dissection reentry

In conjunction with IVUS-guided approach



#### **CTO** dissection and Re-entry strategy

**Antegrade Dissection** 

Knuckle wire

Crossboss

**Re-entry** 

- **STAR**
- Contrastguided STAR
- Mini-STAR
- LAST

Retrograde

**Dissection** 

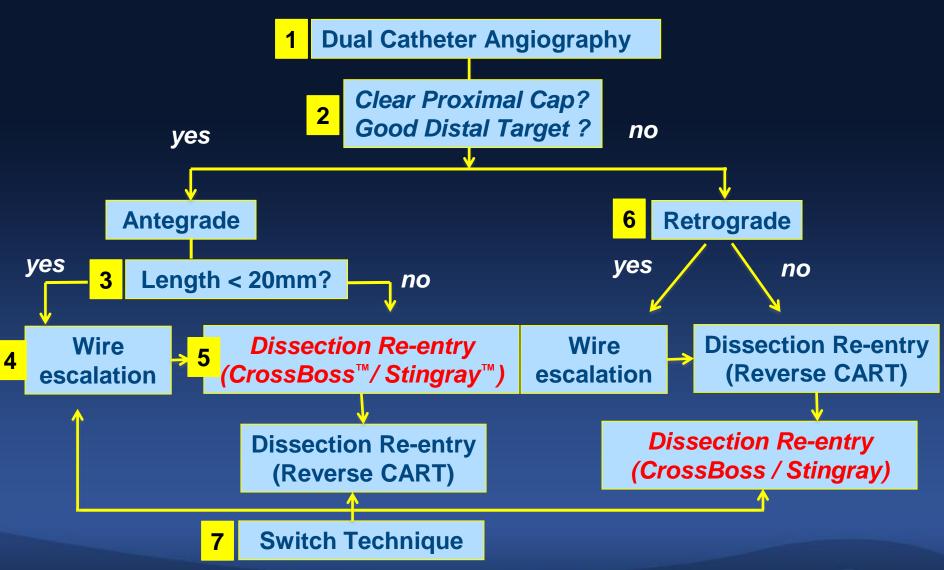
Knuckle wire

**Re-entry** 

- **CART**
- **Reverse-CART**



#### **Hybrid Algorithm for CTO-PCI**





#### **CTO** wires evolution

	Composite core (Dual coil)	Tip load (g)	Tip taper	Hydrophilic coating	Polymer jacket
Fielder FC	-	0.8	-	+	+
Fielder XT	-	0.8	+ (0.009")	+	+
Fielder XT-R	+	0.6	+ (0.010")	+	+
Fielder XT-A	+	1.0	+ (0.010")	+	+
SION	+	0.7	-	+	-
SION BLUE	+	0.5	-	+ (uncoated distal 15mm)	-
SION BLACK	+	0.8	-	+	+
Gaia 1st	+	1.5	+ (0.010")	+	-
Gaia 2nd	+	3.5	+ (0.011")	+	-
Gaia 3rd	+	4.5	+ (0.012")	+	-
Miracle	-	3,6,12	-	-	-
Conquest pro	-	9,12	+	+(uncoated tip)	-

COLLEGE MEDICINE

## Antegrade wire based strategy



Proximal Cap	Low penetration force			
	wire with polymer	Low penetration force wire	Intermediate penetration force wire	
	jacket and tapered tip			
Ir	ntermediate penetration	Intermediate penetratio	n High penetration	
	force wire	force wire	force wire	
CTO body	Length <20 mm	Reasonable to continue with wire used to cross proximal cap		
Length >20 mm or ambiguous course		Step down to a low penetration force wire or intermediate non-tapered wire		

**Distal Cap** 

Escalation from softer more steerable wire to a higher penetration-force wire may be required.

## Single wire technique



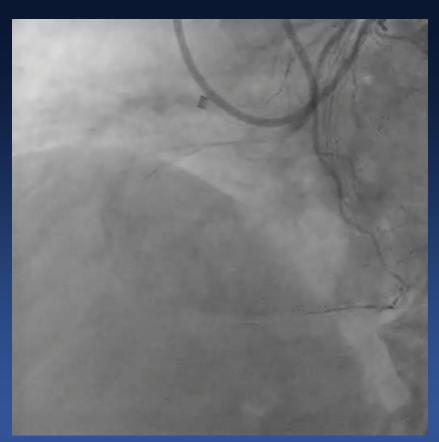
## Antegrade wire based strategy -



	Visible micro channels	Tapered proximal cap		
Proximal Cap	Low penetration force wire with polymer jacket and tapered tip	Low penetration Internediate penetration force wire		
	Intermediate penetration	Intermediate penetration High penetration		
	force wire	force wire force wire		
CTO body	Length <20 mm	Reasonable to continue with wire used to cross proximal cap		
Length >20 mm or ambiguous course		Step down to a low penetration force wire or intermediate non-tapered wire		
Distal Cap	Escalation from softer r	nore steerable wire to a higher penetration-force		

Distal Cap Escalation from softer more steerable wire to a higher penetration-ford wire may be required.

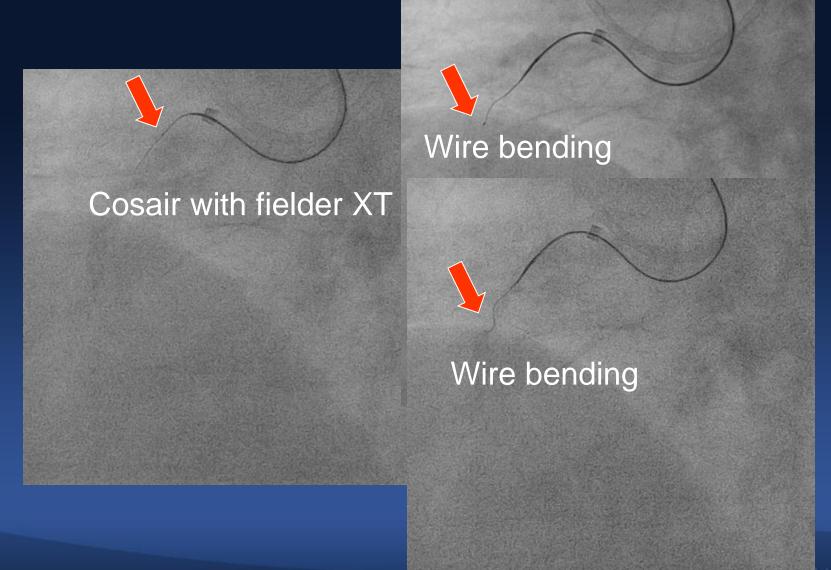
### 60/M, Long CTO with tapered cap Poor distal target with good interventional collateral



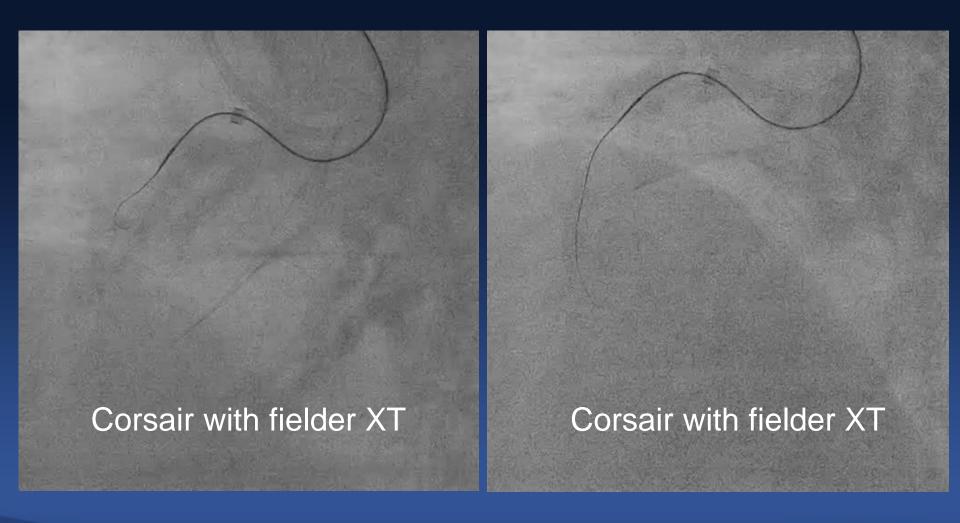




## Long CTO with tapered cap



## Long CTO with tapered cap

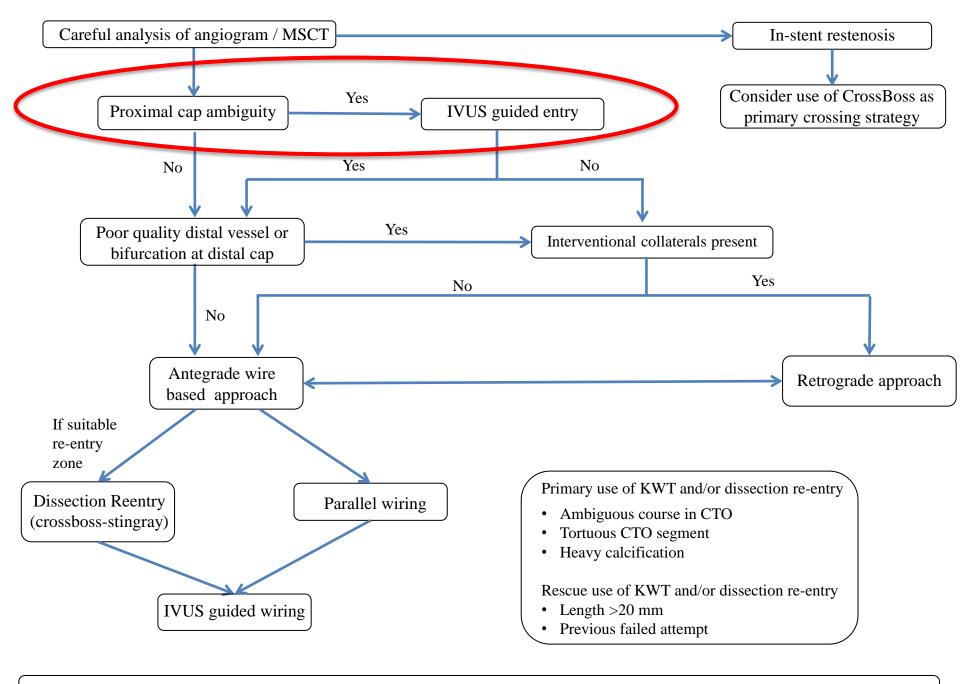




# 67/M Ambiguous stump Poor distal target







Consider stopping if >3 hours, 3.7 x eGFR ml contrast, Air Kerma > 5 Gy unless procedure well advanced

## Antegrade wire based strategy



#### **Proximal Cap**

Visible micro channels

Low penetration force wire with polymer jacket and tapered tip

Intermediate penetration force wire

Tapered proximal cap

Low penetration force wire

Intermediate penetration force wire

Blunt proximal cap

Intermediate penetration force wire

High penetration force wire

#### **CTO** body

Length <20 mm

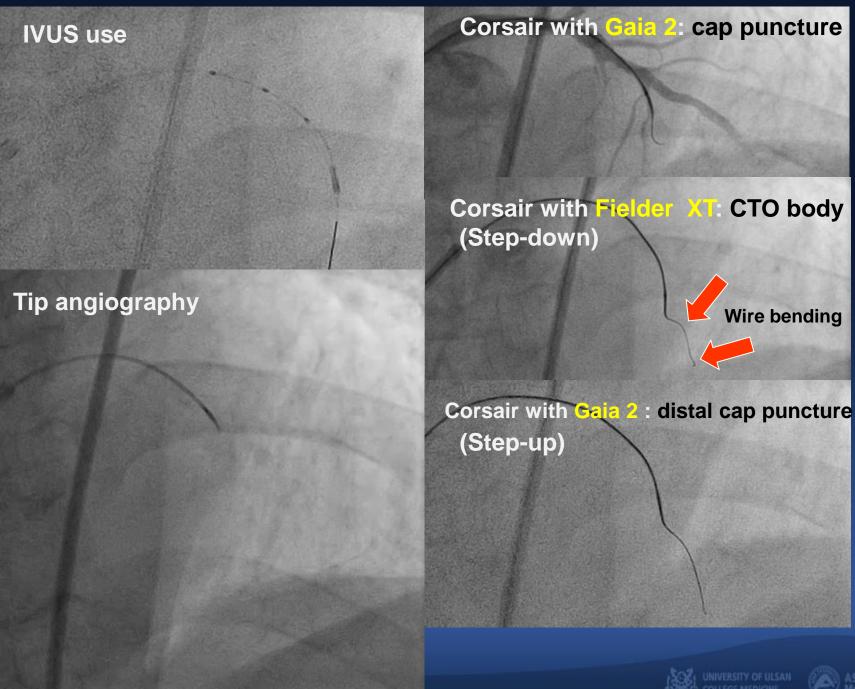
Length >20 mm or ambiguous course

Reasonable to continue with wire used to cross proximal cap

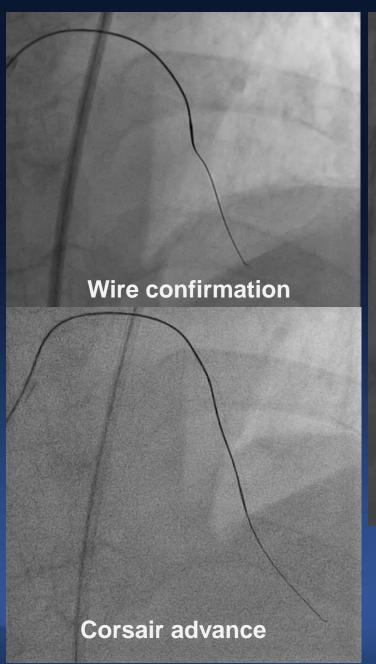
Step down to a low penetration force wire or intermediate non-tapered wire

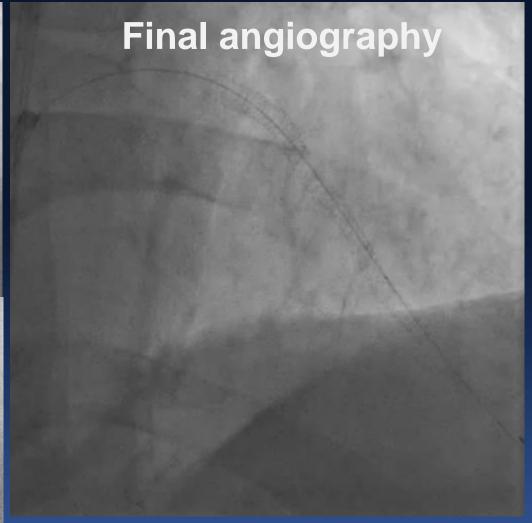
#### **Distal Cap**

Escalation from softer more steerable wire to a higher penetration-force wire may be required.





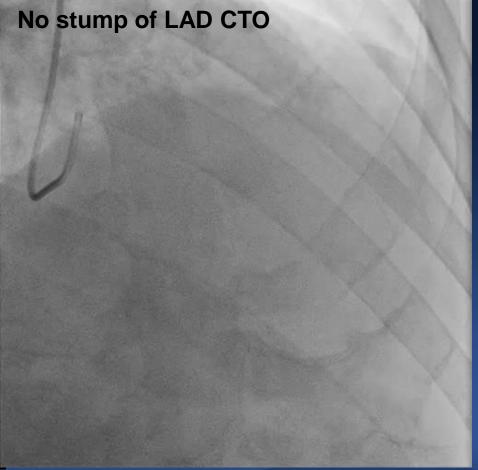






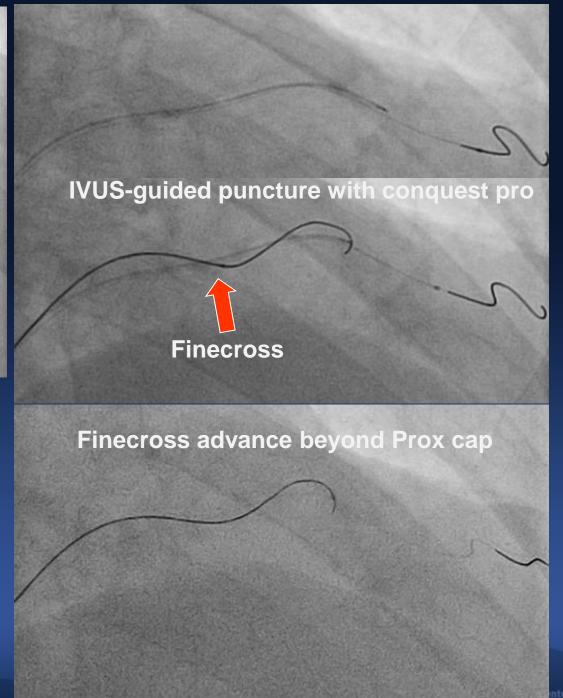
## LAD CTO with anomalous origin RCA CTO

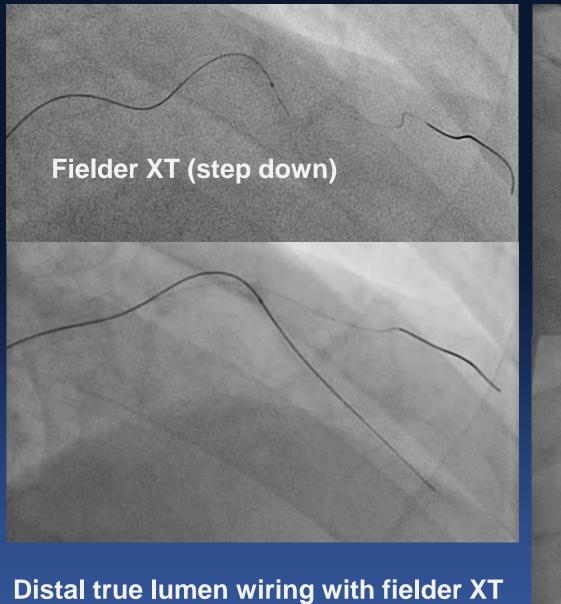


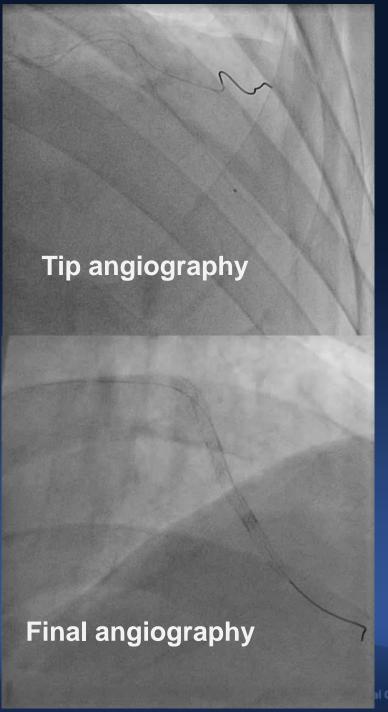




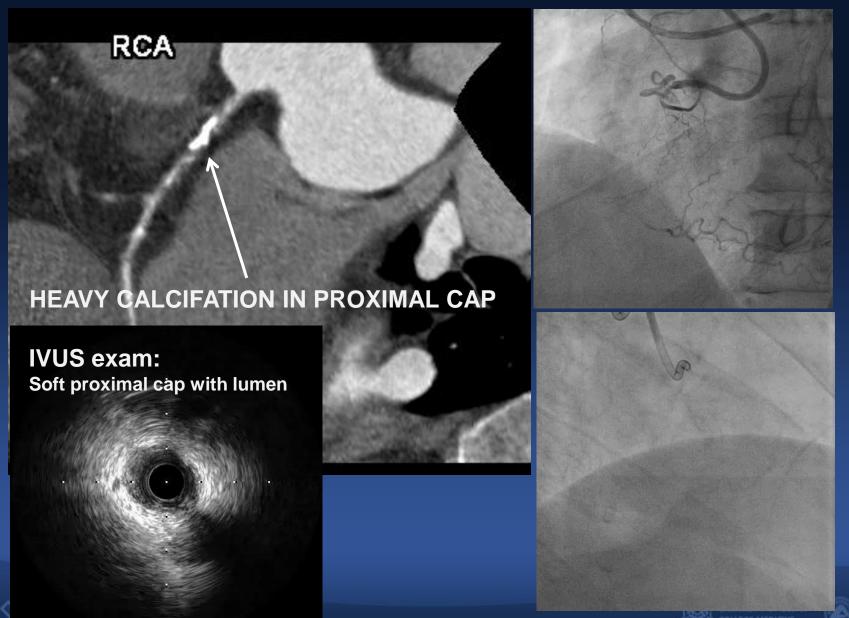




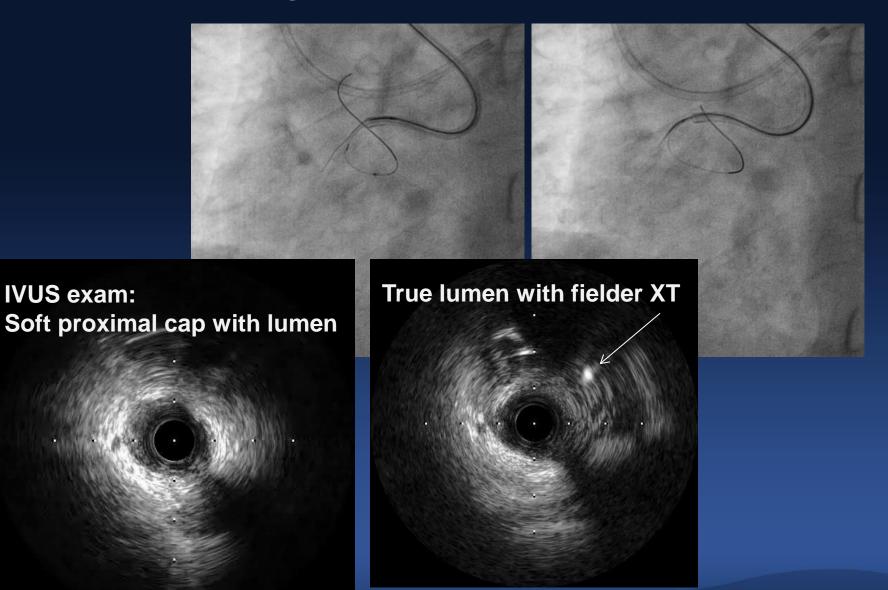




## 56/M, Long RCA CTO with no stump



#### IVUS-guided Fielder XT Corsair advance

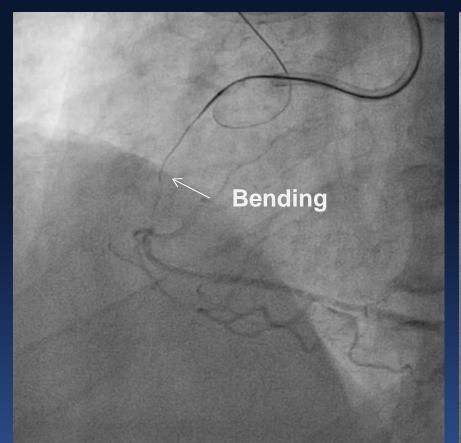






#### Fielder XT

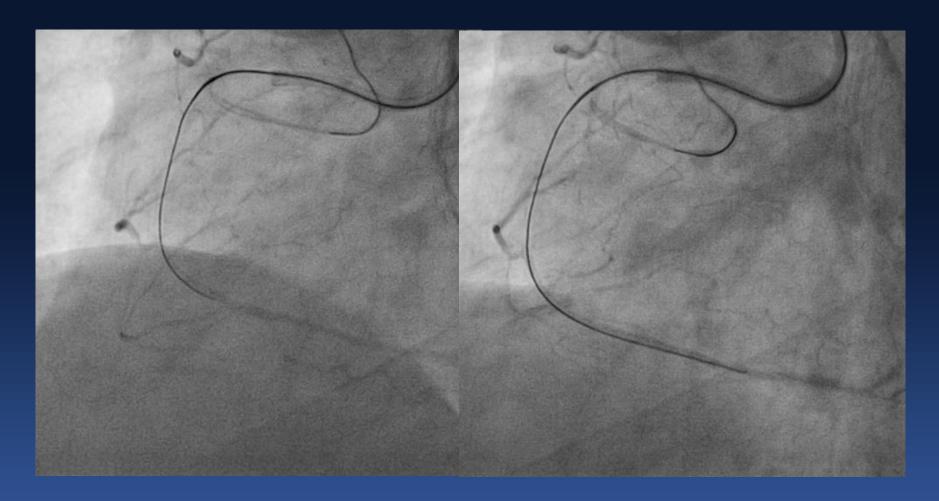
#### Gaia 2 (step-up escalation)







#### Gaia 2 : Adavnce into true lumen



## Final angiography

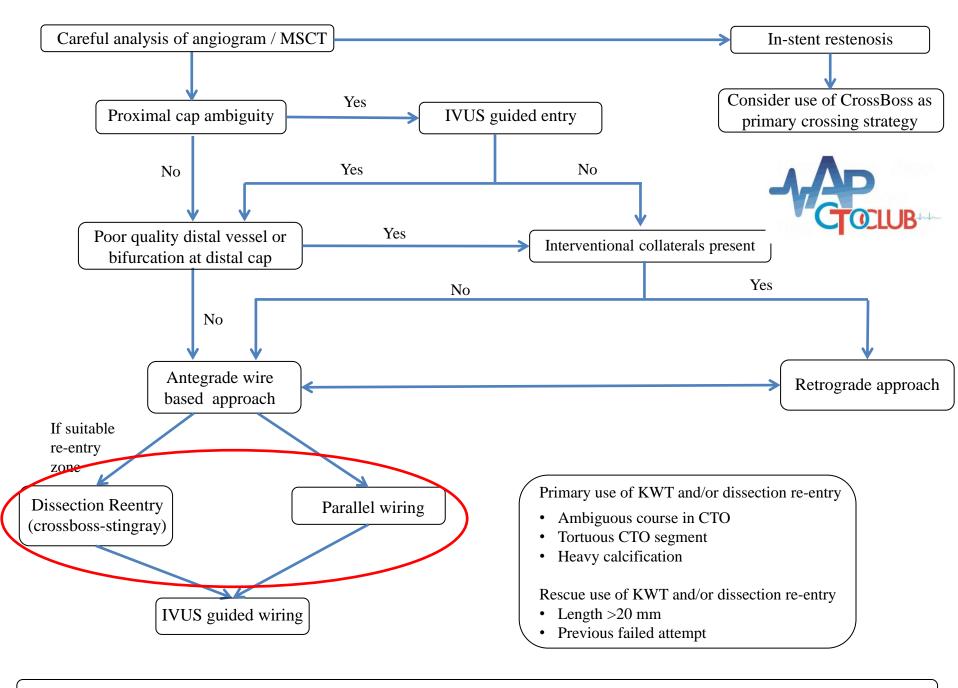






## Parallel wire technique





Consider stopping if >3 hours, 3.7 x eGFR ml contrast, Air Kerma > 5 Gy unless procedure well advanced

## Selection of crossing strategy

- Feature favoring use of stingray
- -Ambiguous vessel course
- -Long, calcified, tortuous CTO lesion
- -If wire is in subintimal at the proximal cap
- -Good landing zone without major side branch and calcification
- Feature favoring use of parallel wiring
- -Identified wire deflection point into sub-intimal space
- -Heavy calcification and/or diffuse diseased distal bed
- -Important side branch near distal cap

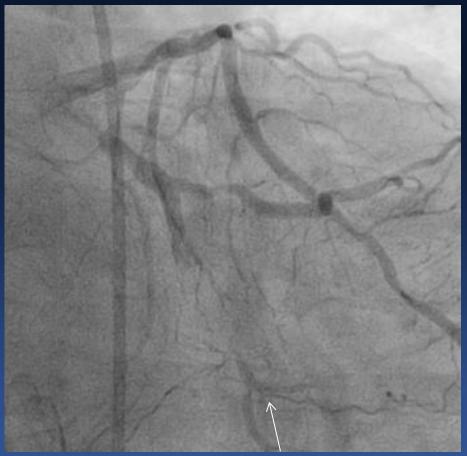
Use of parallel wiring and stingray is not interchangeable





## Feature favoring use of parallel wiring





OM branch near distal cap area





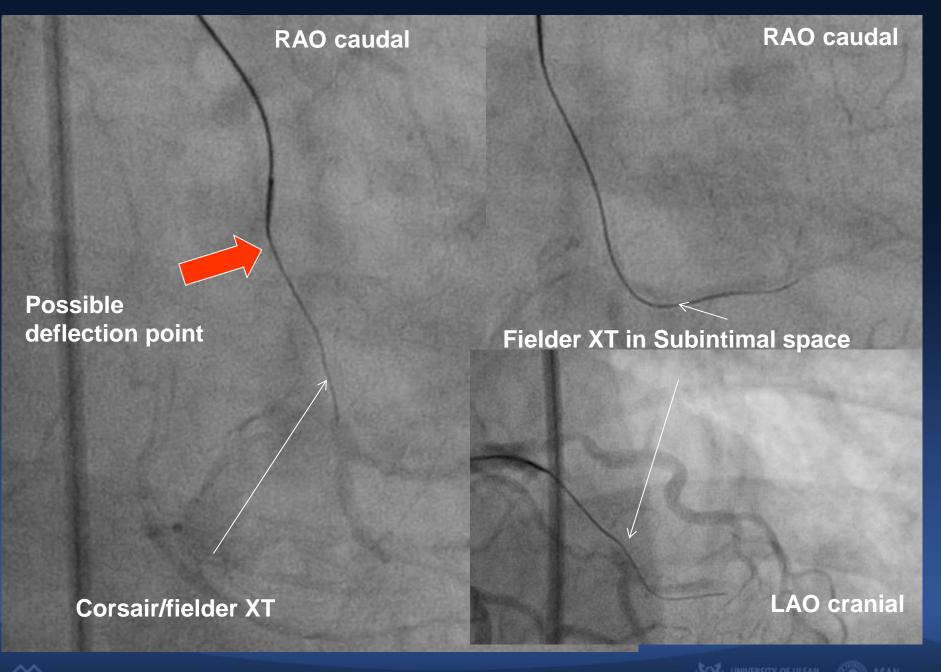
## Feature favoring use of parallel wiring



OM branch near distal cap area



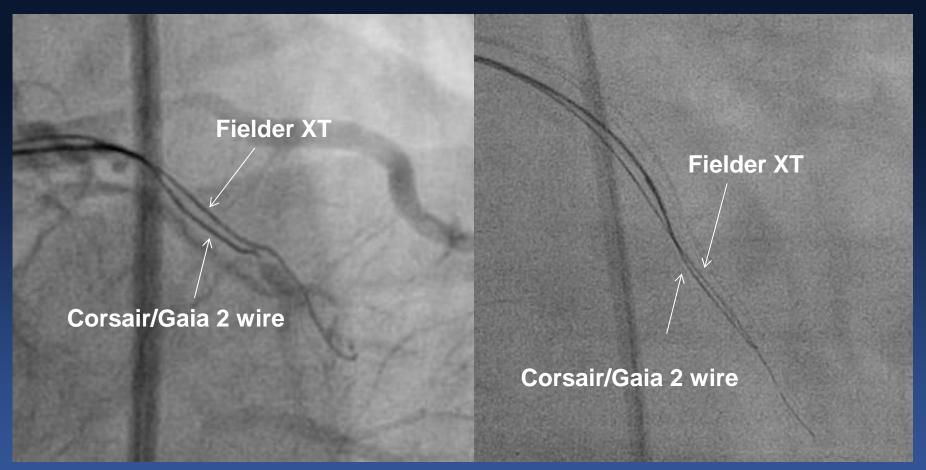




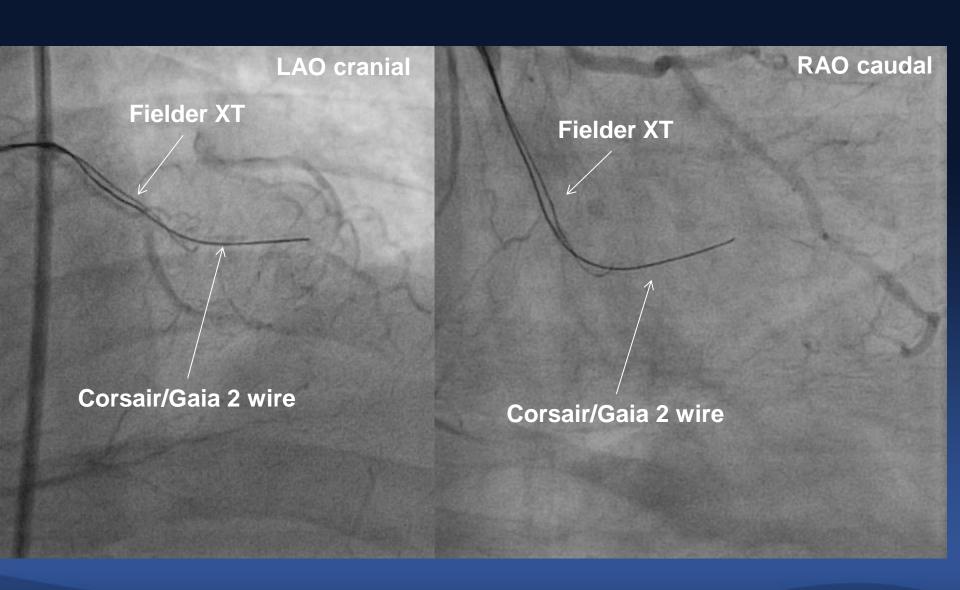




#### LAO cranial RAO caudal









## Antegrade wire escalation Up & down escalation

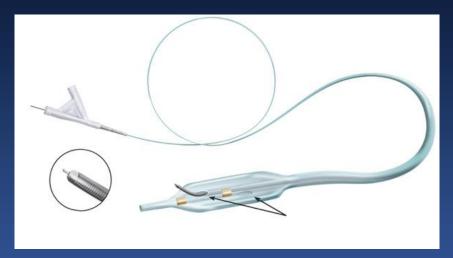
- Proximal cap: image guidance or morphology
- CTO body: image guidance or resistance
- Distal cap: image guidance or resistance

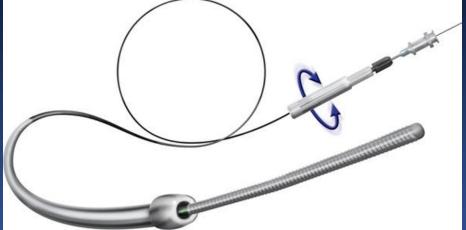


## **Dissection reentry**











#### **CTO** dissection and Re-entry strategy

**Antegrade Dissection** 

Knuckle wire

Crossboss

**Re-entry** 

- **STAR**
- Contrastguided STAR
- **Mini-STAR**
- LAST

Retrograde

**Dissection** 

Knuckle wire

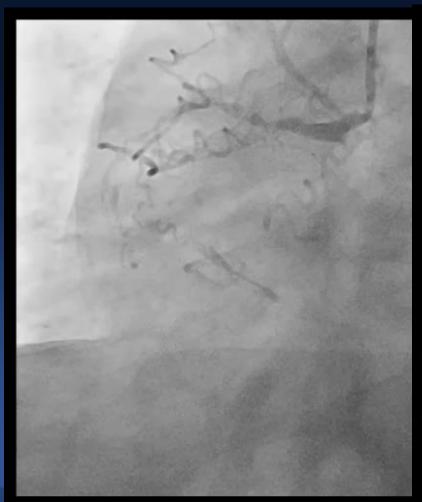
**Re-entry** 

- **CART**
- **Reverse-CART**



## Baseline angiography

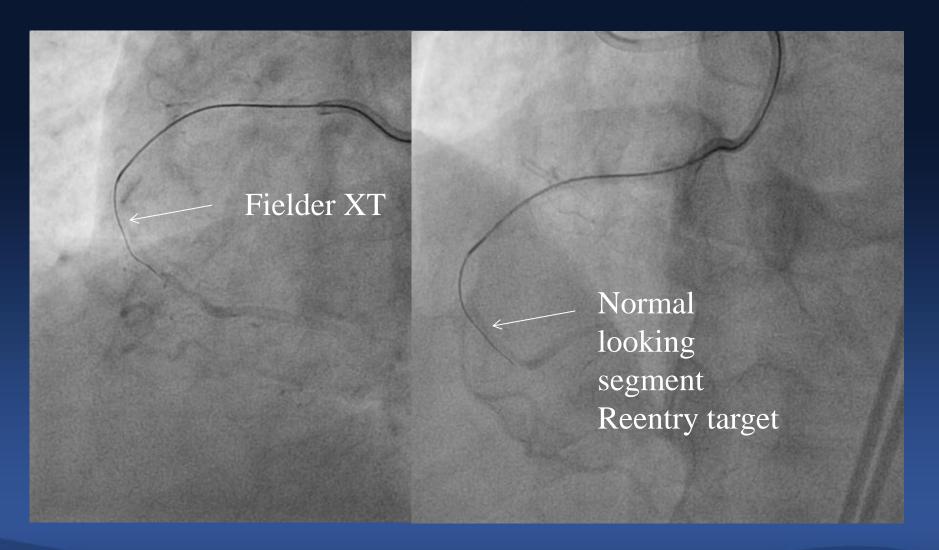
Good interventional collateral





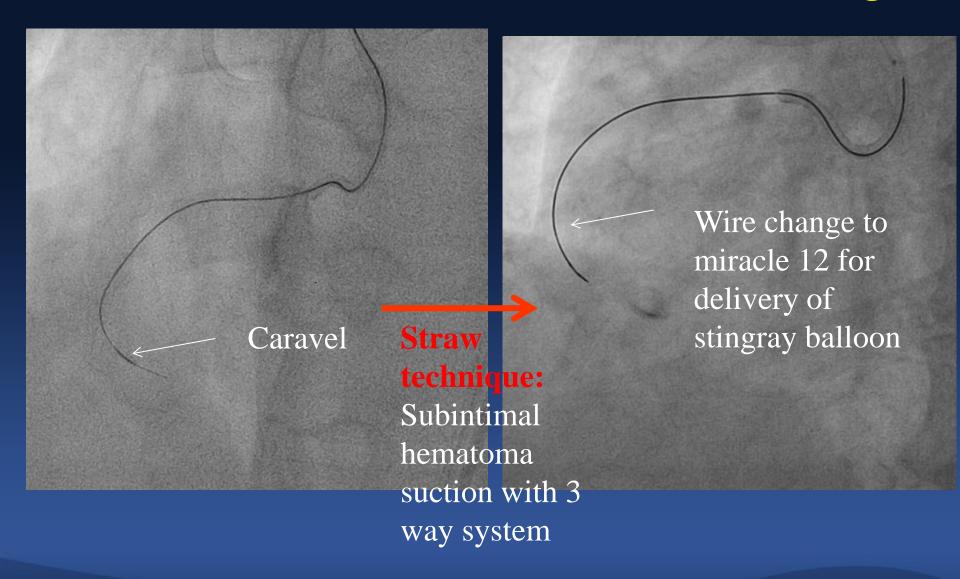


## Subintimal wiring with caravel





## Microcatheter advance and wire exchange



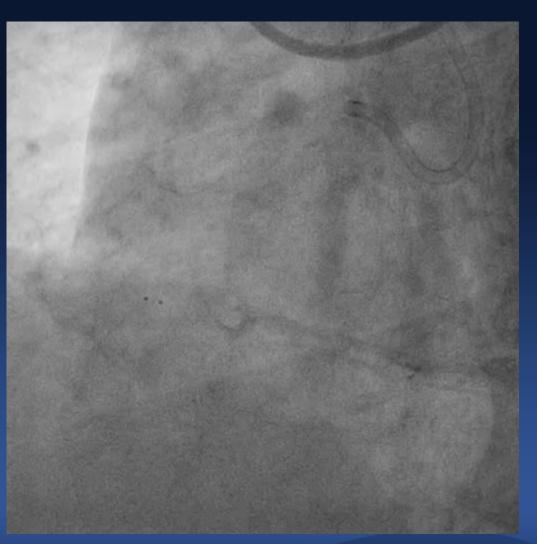
## Wire removal and straw technique balloon positioning by angiography

Straw technique again through stingray balloon:

Subintimal hematoma suction with 3 way system

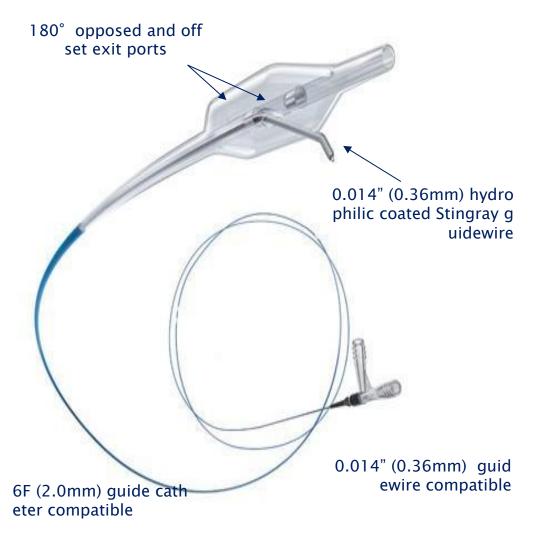






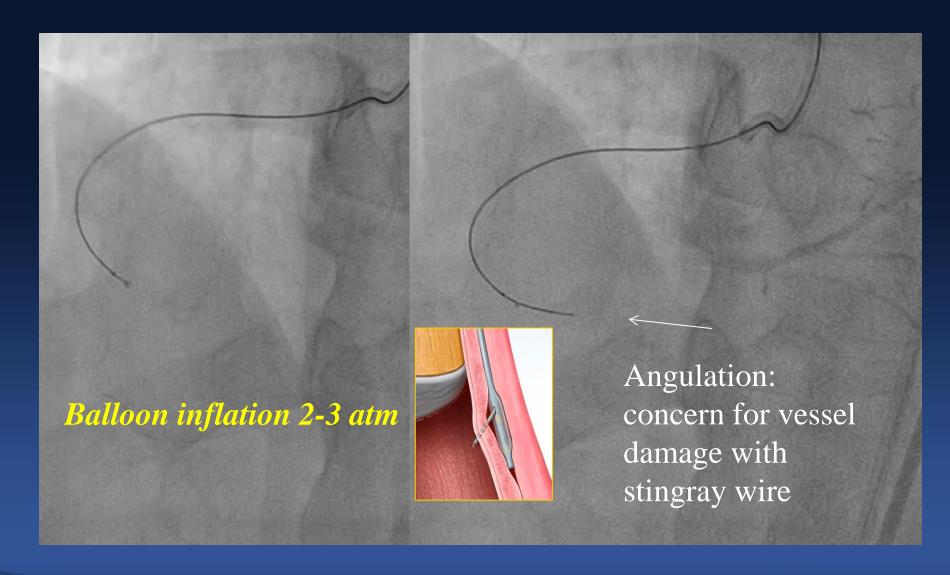






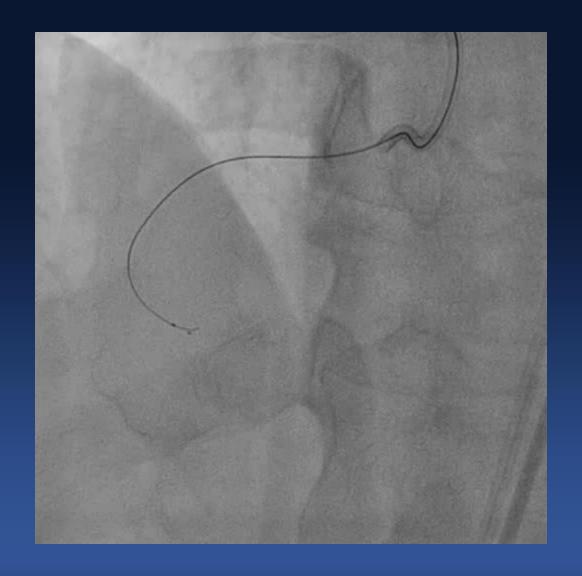
- •Flat balloon
- •One exit port on each side.
- •3.2F shaft
- •Stingray Guidewire's angled tip and distal probe
- •2 radiopaque marker bands for exact placement
- •014" G/W compatible
- •6F G/C compatible

## Reentry using Stingray wire



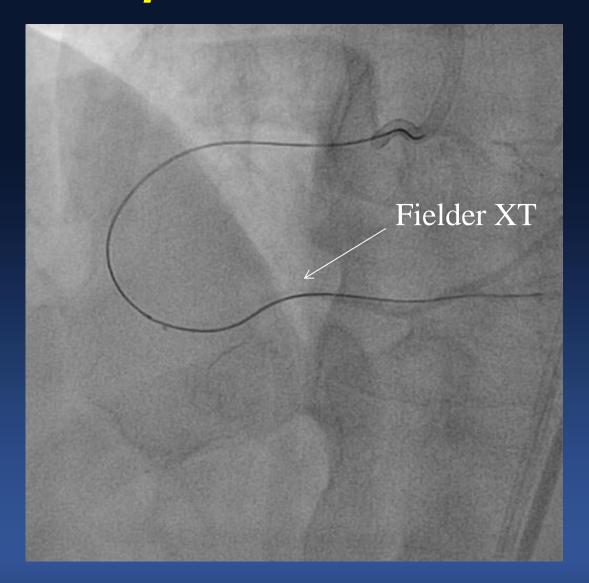


## Stick and Swab using Fielder XT wire



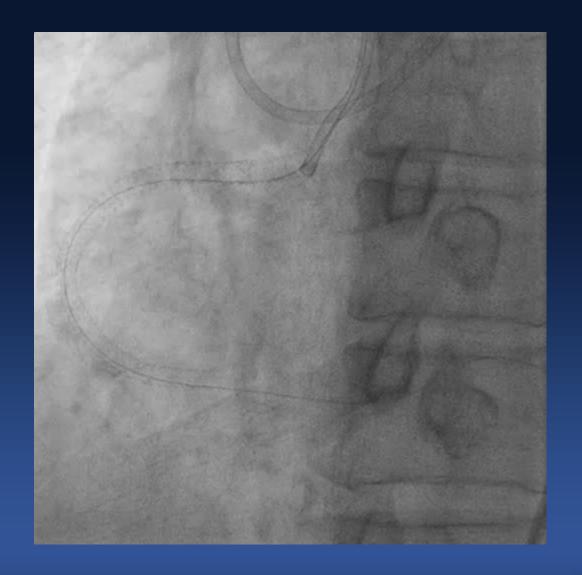


## Wire position confirmed





## Final angiography





## Retrograde approach

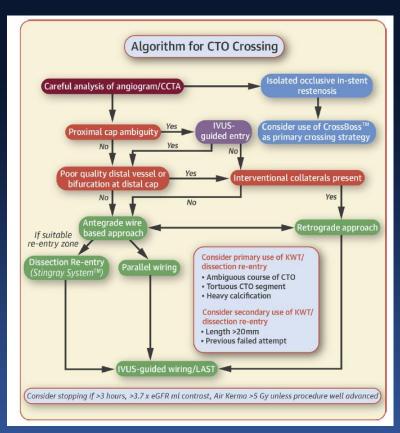
- Wire escalation
- Dissection reentry

In conjunction with IVUS-guided approach



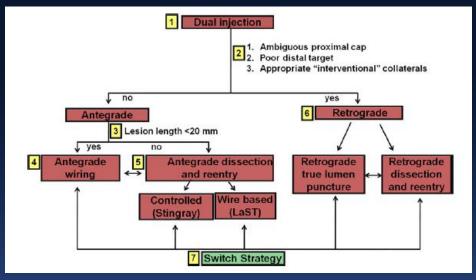
## Indication for the retrograde approach

#### **AP-CTO**



J Am Coll Cardiol Intv 2017;10:2135-43

#### **Hybrid**



JACC Cardiovasc Interv 2012;5(4):367-79

- Ambiguous proximal cap
- Poor distal target
- Interventional collaterals





## Selective angiography

- Not necessary for all cases
- Necessary for ambiguous channel course
- Confirm for blood regurgitation
- Proximal channel portion preferred
- Caution for channel damage (R->L septal or epicardial channel)





## Collateral channel wiring

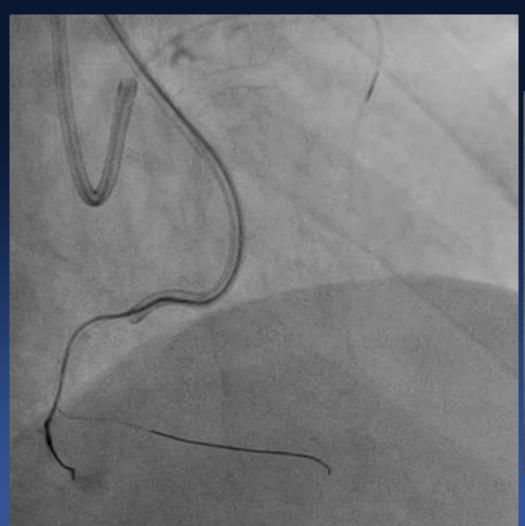
- Initial wire: Sion
- Tortuous channel: Souh03 or Sion black
- Small channel: Fielder XT-R

Table 2. Tips for channel crossing.

Channel	Angio	Tips	First wire	Second choice small channel	Second choice for tortuous channel	Third choice for tortuous channel
$L \rightarrow R$ septals	Selective injection*	Further distal selective injection with rotational angiogram	SION	XT-R	SUOH 03	SION black
$R \rightarrow L$ septals	Non-selective injection (or via twin lumen)	Twin lumen catheter to overcome retroflex ostium	SION	XT-R	SUOH 03	SION black
Epicardial	Selective injection*	Microcatheter follows the wire technique	SUOH 03	XT-R/SION	SION/XT-R	SION black if large epicardial channel

<sup>\*</sup> Selective angiography should be performed with biplane or rotational angiography.

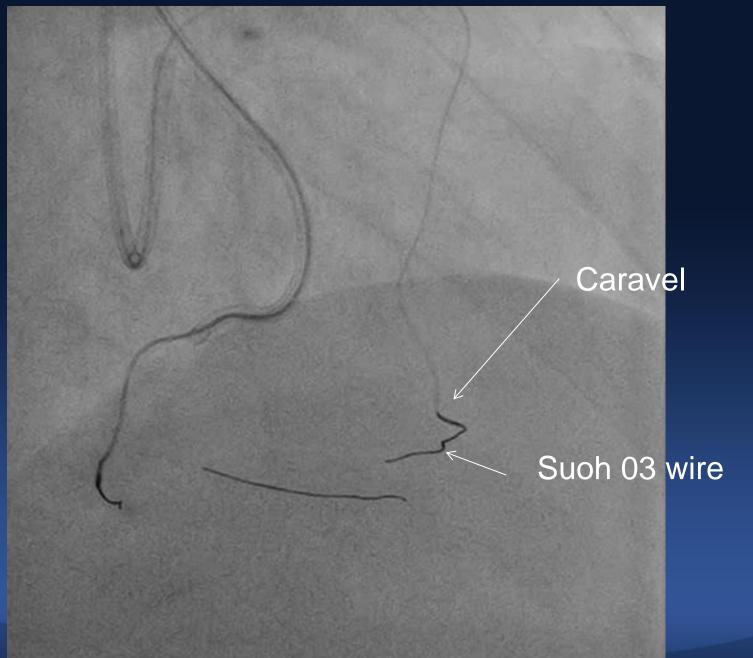
## Tortuous septal channel (Suoh 03)



Caravel/Sion wire: failed

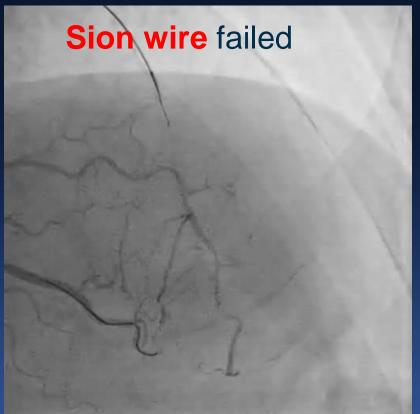






## Tortuous septal channel







## Tortuous septal channel

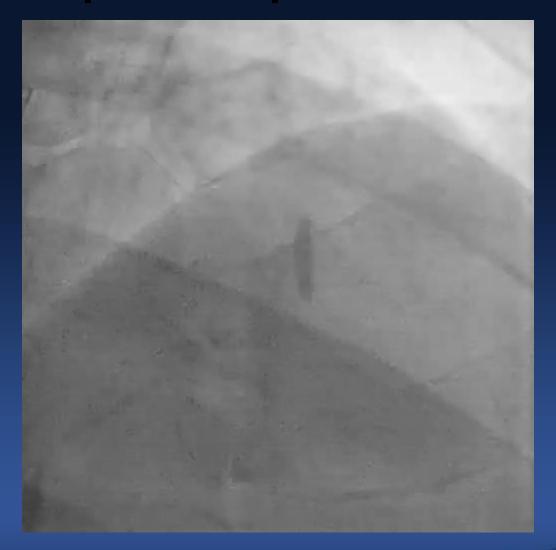
Suoh03 wire failed: poor forward power→ Sion black succeed







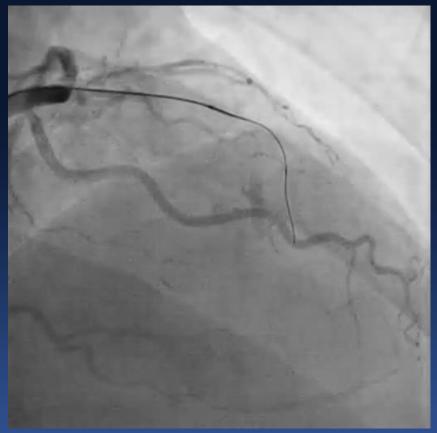
# Mid LAD CTO Septal to septal channel





#### **Corsair, fielder XT: failed**

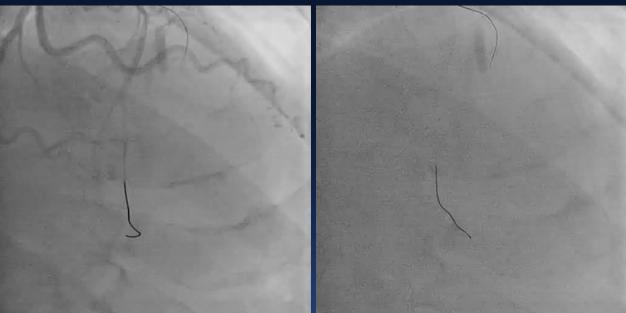
### Caravel: Tip angiography







Suoh 03 success Sion/Suoh03 failed Sion black/blue failed





## Caravel advance

## Retrograde direct Wiring: UB3 wire

## Contralateral guiding Wiring (pingpong guiding)









## Caravel advance To contralateral guiding



**Post stenting** 



**Septal perforation** 



No pericardial effusion



## Microcatheter thru channel

- Initial MC: Corsair, Finecross, Caravel
- Next: Turnpike LP
- 3<sup>rd</sup> option: 1.0 or 1.25 mm balloon
- 4<sup>th</sup> option: anchor balloon or Guide extension

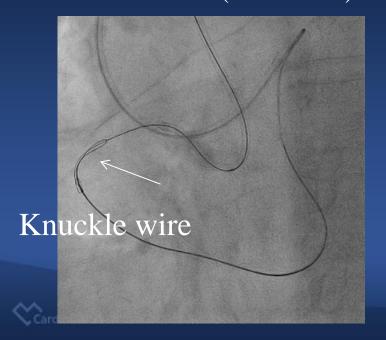
Table 3. Tips for crossing microcatheter through channel.

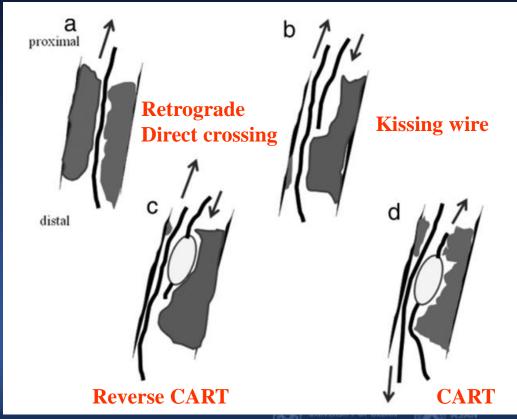
Channel	Corsair/Turnpike will not cross	Switched microcatheter will not cross	Failure to cross after balloon dilatation				
$L \rightarrow R$ septal	→ R septal Switch to Caravel/Turnpike LP*		Side branch anchor balloon				
$R \rightarrow L$ septal		channel	Beware too tortuous PDA to septal channel angle				
Epicardial		Switch to Finecross	Beware too small channel				
* If septal ostium stented → dilate septal ostium with small balloon.							

## Retrograde CTO passing techniques

- Retrograde direct wire crossing: short lesion length (< 15 mm) (a)
- Kissing wire technique: bidirectional wiring (b)
- Knuckle wire: long, calcific, tortuous, unknown course
- CART technique: rarely used currently (d)
- Reverse CART: for bidirectional wire connection (c)

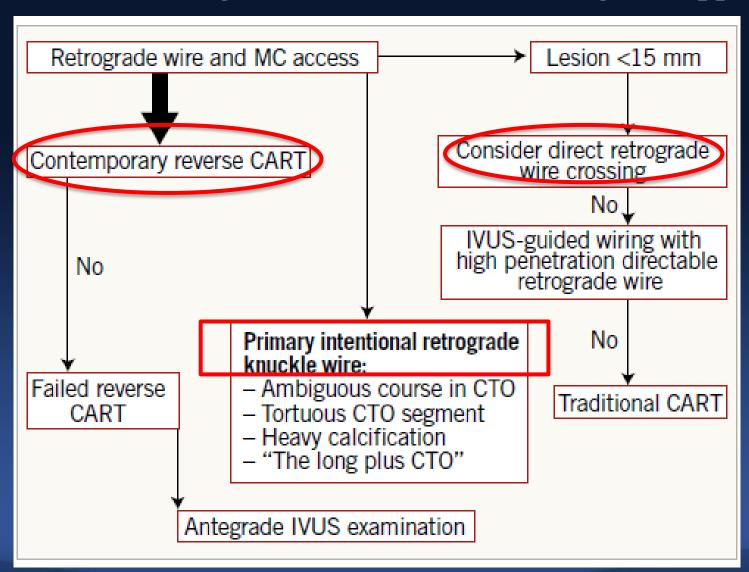
Conventional
Contemporary (directed)
Modified (extended)





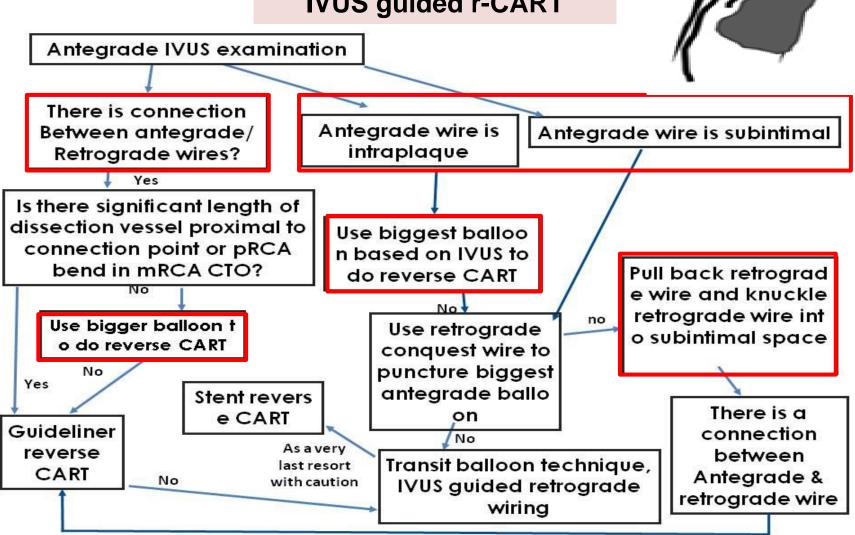
#### **APCTO club**

#### Algorithm for crossing a CTO lesion via the retrograde approach



#### **APCTO club Sub-algorithms** for Retrograde Approach

**IVUS** guided r-CART

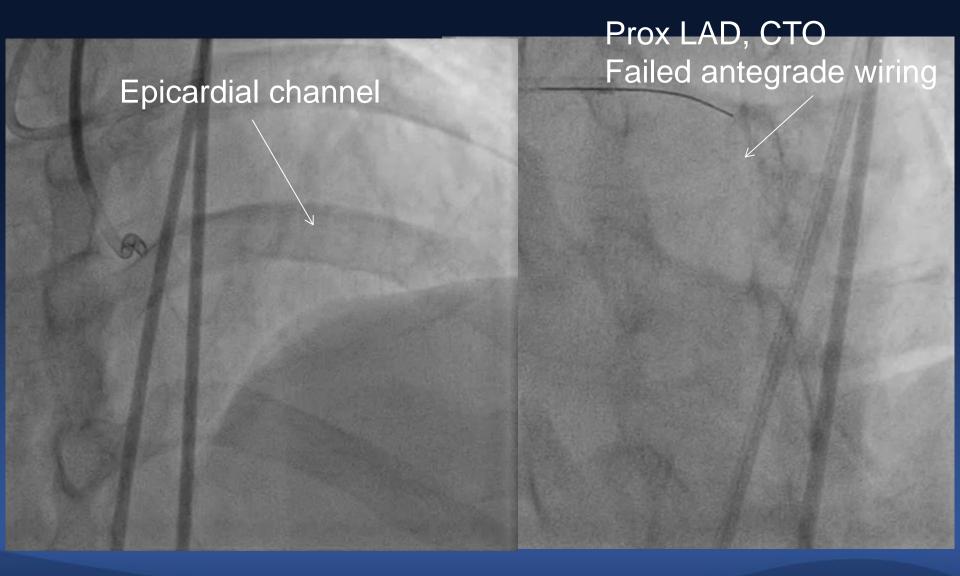


## Retrograde approach

- Basically bidirectional wiring
- If microcatheter did not cross the channel: wire mark technique for antegrade wiring
- Retrograde WIRE escalation under guidance of antegrade wire or ballooning with/without IVUS.
- Retrograde knuckle: unknown, long, calcific, or tortuous CTO segment.



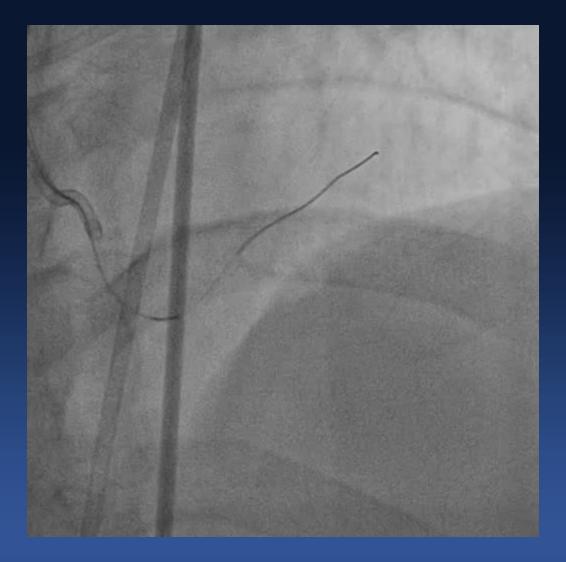
## PROXIMAL LAD CTO







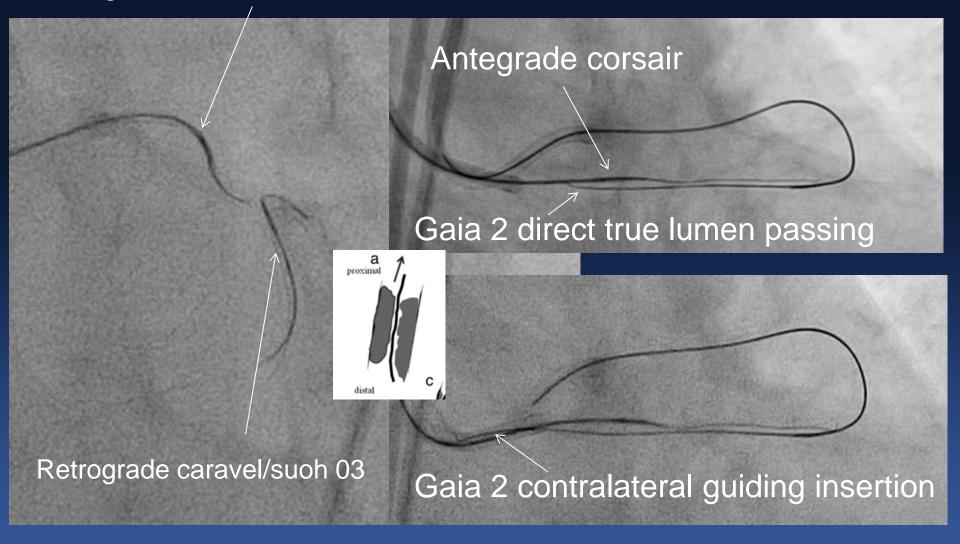
#### Retrograde caravel/suoh 03 wire via epicardial channel







#### Antegrade corsair/Fielder XT wire

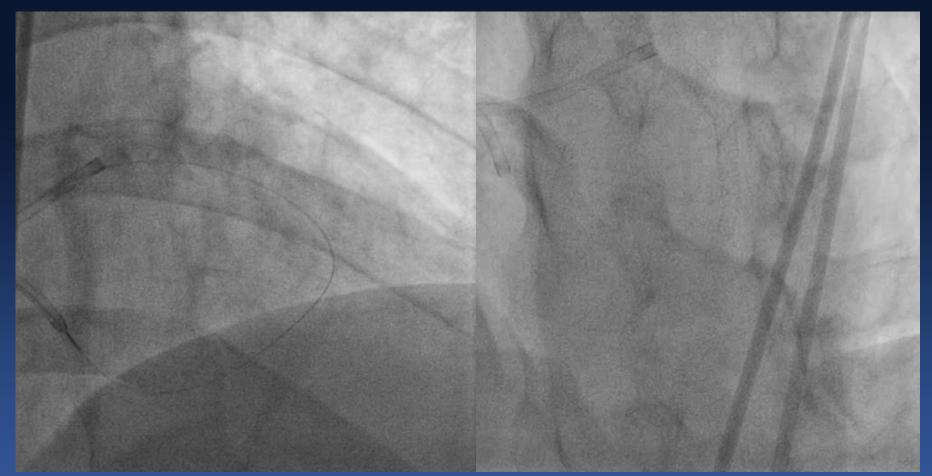






## Final angiography

#### Wire externalization

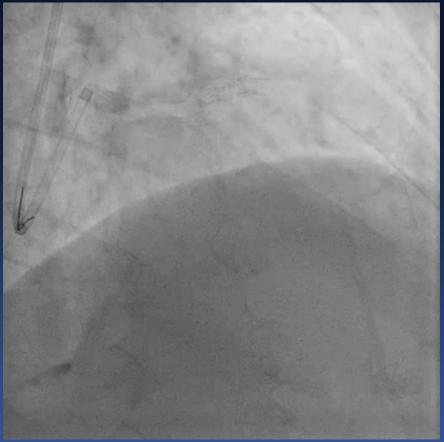






## Long RCA CTO

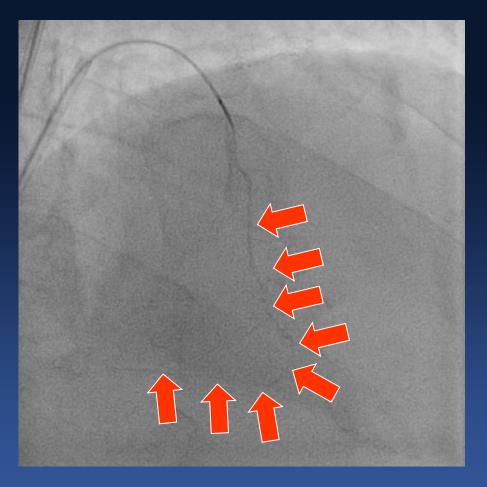






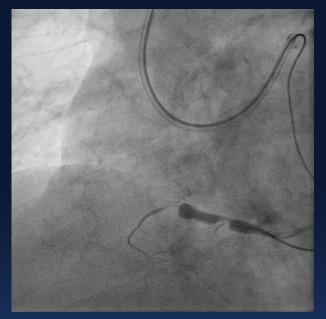
#### Wiring with sion wire

## Tip angiography



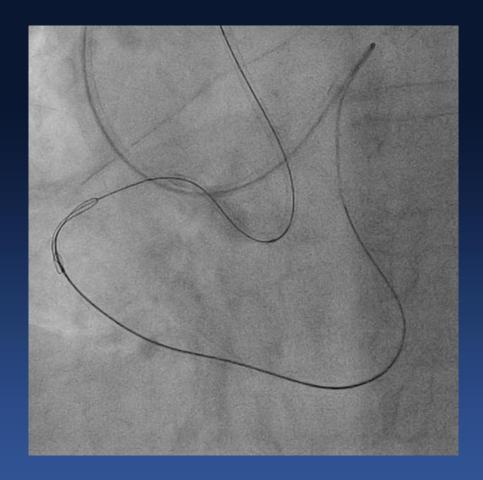


#### Tip angiography



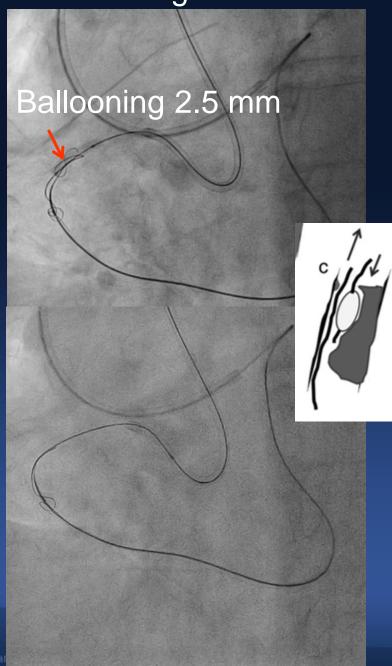
Failed wire escalation (Fielder XT, UB, Gaia 2, Conquest)

#### Knuckle wire with fielder XT

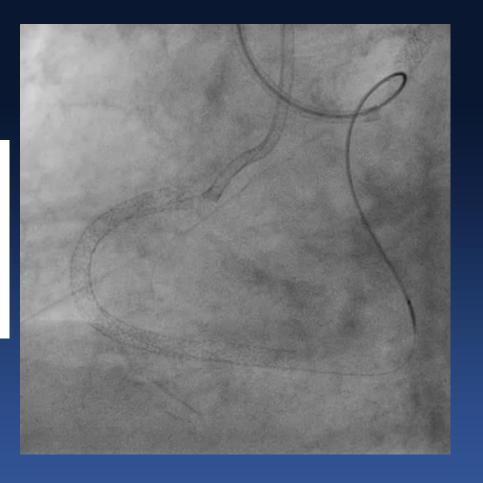




#### Knuckle wiring with reverse CART



#### Final angiography

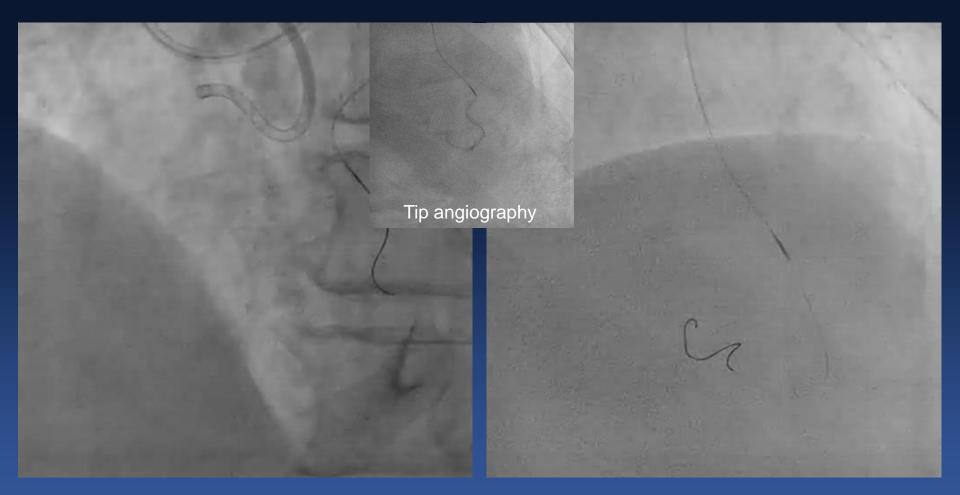




## **Proximal RCA CTO**

(epicardial channel LAD apex to PDA)

Caravel with Suoh03 wire





## Retrograde wiring/fielder XT

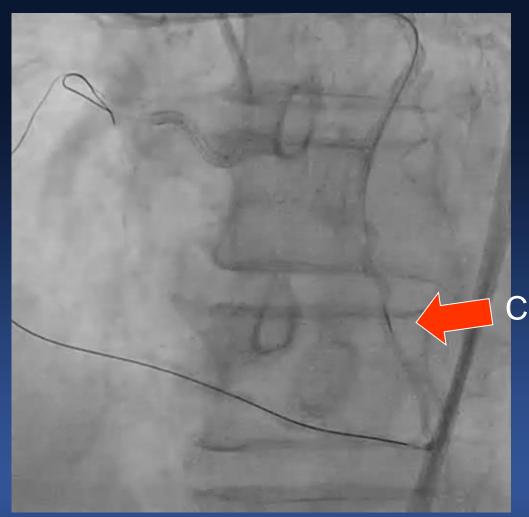
### Tip angio for distal Cap







## ST elevation/hypotension during wiring ---- pull back caravel to LAD with keeping the wire

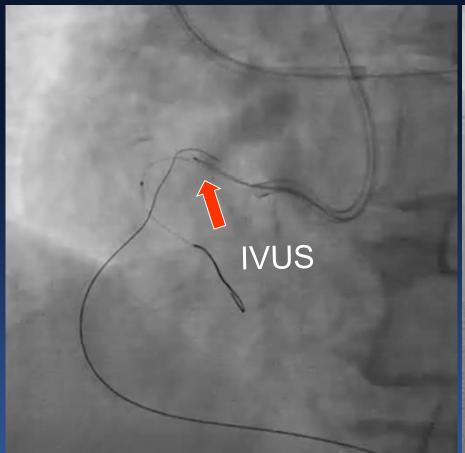


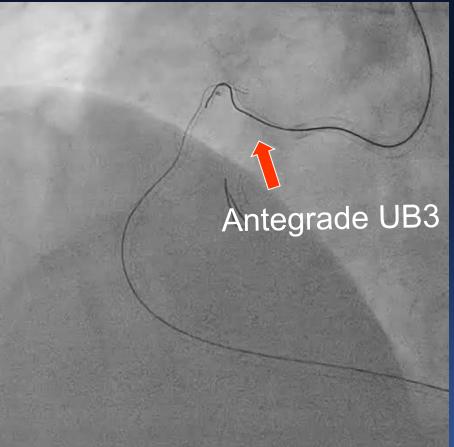
Caravel MC



IVUS use for wire position (Retro wire is in the true lumen)

Antegrade wiring (wire mark) (Double lumen catheter/UB3 wire)

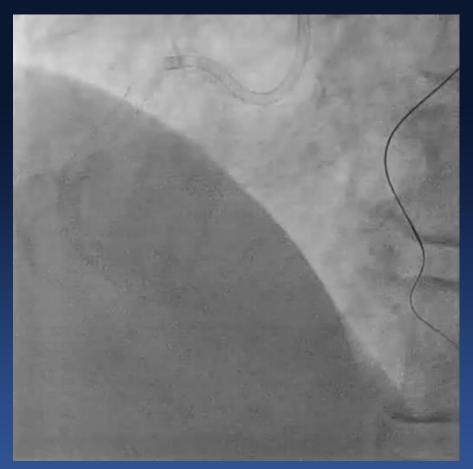


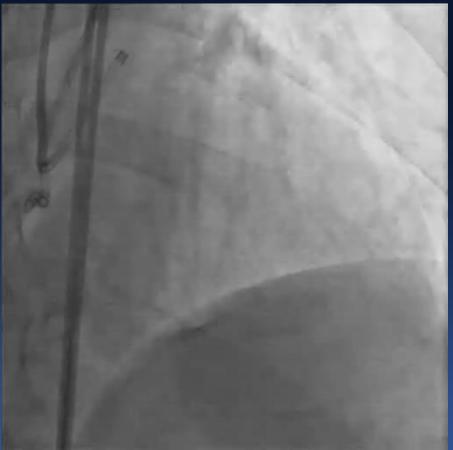




### Final angiography

#### Check for channel damage







# Failure mode of contemporary techniques from APCTO registry

#### Antegrade app (N=11)

Inability to wire to true lumen despite advanced antegrade wiring technique for example, parallel wiring or IVUS guided wiring: wire passage failure (N=10, 90%).

#### Retrograde app (N=20)

Wire collateral channel passage failure; 6 (30%)

Failed reverse CART; 6 (30%)

Retrograde MC CTO passage failure: 6 (30 %)

Procedure complications: 4 (20%)

## Conclusion

- Bidirectional angiography
- Careful angiography (with CCTA) review
- Antegrade app First: (single or parallel wire or ADR based on the lesion morphology) under selective guidance of IVUS (entry or rewiring)
- Retrograde channel cross: selective angiography and retrograde wire channel cross (Sion, Sion black, Suoh03, Fielder XT-R) and Microcatheter channel cross (Finecross, Corsair, Caravel, Turnpike LP)
- Retrograde CTO cross tech: (Wire mark technique, Retrograde direct wiring for short length CTO, Kissing wire, reverse CART/CART) under selective guidance of IVUS for wire position





# There is an easy-looking CTO, but there is no easy CTO to open. You must always do your best.



## Thank you for your attention

